



Measurement Form for Flight Suits

Name	Phone	Date	Height <input type="checkbox"/> Inch <input type="checkbox"/> Cm
Company	Email	Weight <input type="checkbox"/> Lbs <input type="checkbox"/> Kg	

Hold tape snugly, but not tightly against your body.
When measuring chest, waist, and hips, tape should be parallel to floor.

When measuring for a flight suit, measure over garments you intend to wear under the flight suit.

① **Chest/Bust:** With arms relaxed at sides, measure around the fullest part of chest or bust.

② **Natural Waist:** Around waist at level of navel and small of back (**A**)

③ **Pant Waist:** Around point where your trousers would normally ride.

④ **Hips:** Stand with heels together. Around fullest part of hips and seat

⑤ **Inseam:** : From snug in crotch (**B**) to bottom hem of well-fitting pants(**C**).

⑥ **Outseam:** From side point of Pant Waist (**D**), to bottom hem of pants (**E**)

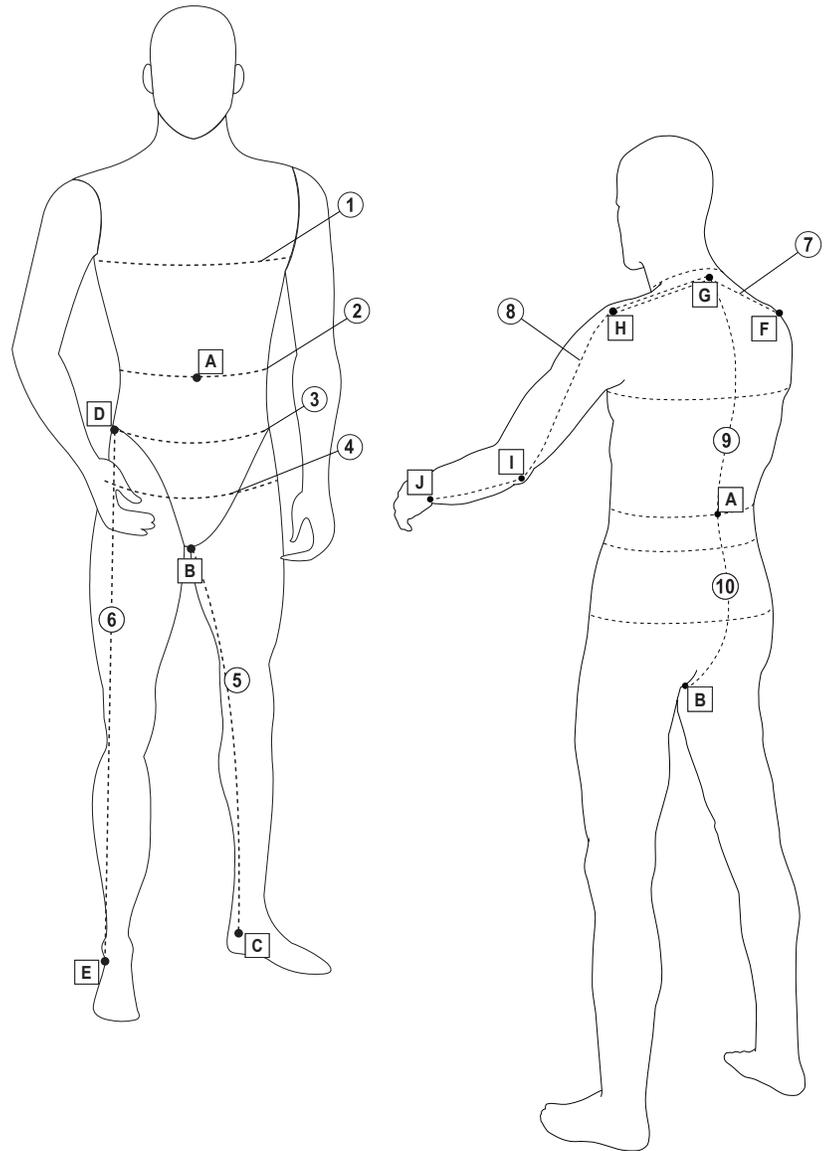
⑦ **Shoulder:** From widest point of shoulder(**F**), to center-back at base of neck (**G**), to widest point of opposite shoulder(**H**).

⑧ **Sleeve:** From center-back of neck base (**G**), around widest point of shoulder (**H**), to back of slightly bent elbow (**I**), to wrist (**J**).

⑨ **Collar to Waist:** From bottom of collar (**G**), down to center-back of Natural Waist (**A**). Let tape measure follow contour of back.

⑩ **Collar to Inseam:** Repeat Collar to Waist, but follow contour of seat, to snug in the crotch at the inseam (**B**)

Male <input type="checkbox"/>	Female <input type="checkbox"/>
Sport Coat Size	Dress Size
Shirt Collar/Sleeve	Bra Chest/Cup
Pants Waist/Inseam	Slacks Size



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